

August 23, 2021

8:30 AM - 9:00 AM	DAY 1 - CAMP CHECK IN
9:00 AM - 10:00 AM	ON ICE SESSION #1 - SKATING AND SKILL DEVELOPMENT
10:00 AM - 10:15 AM	CHANGE FOR DRY LAND
10:30 AM - 11:30 AM	DRY LAND SESSION #1
11:30 AM - 12:15 PM	LUNCH BREAK
12:15 PM - 12:45 PM	DRESS FOR ICE
12:45 PM - 1:45 PM	ICE SESSION #2 - GAME SITUATION DEVELOPMENT
1:45 PM - 2:00 PM	CHANGE FOR DRY LAND
2:00 PM - 3:00 PM	DRY LAND SESSION #2 - GAMES AND FUN
3:00 PM - 3:15 PM	END OF DAY - PICK UP

August 24, 2021

8:30 AM - 9:00 AM	ARRIVE AT RINK - DRESS FOR ICE
9:00 AM - 10:00 AM	ON ICE SESSION #1 - SKATING AND SKILL DEVELOPMENT
10:00 AM - 10:15 AM	CHANGE FOR DRY LAND
10:30 AM - 11:30 AM	DRY LAND SESSION #1
11:30 AM - 12:15 PM	LUNCH BREAK

August 24, 2021 Continued

12:15 PM - 12:45 PM	DRESS FOR ICE
12:45 PM - 1:45 PM	ICE SESSION #2 - GAME SITUATION DEVELOPMENT
1:45 PM - 2:00 PM	CHANGE FOR DRY LAND
2:00 PM - 3:00 PM	DRY LAND SESSION #2 - GAMES AND FUN
3:00 PM - 3:15 PM	END OF DAY - PICK UP

August 25, 2021

8:30 AM - 9:00 AM	ARRIVE AT RINK - DRESS FOR ICE
9:00 AM - 10:00 AM	ON ICE SESSION #1 - SKATING AND SKILL DEVELOPMENT
10:00 AM - 10:15 AM	CHANGE FOR DRY LAND
10:30 AM - 11:30 AM	DRY LAND SESSION #1
11:30 AM - 12:15 PM	LUNCH BREAK
12:15 PM - 12:45 PM	DRESS FOR ICE
12:45 PM - 1:45 PM	ICE SESSION #2 - GAME SITUATION DEVELOPMENT
1:45 PM - 2:00 PM	CHANGE FOR DRY LAND
2:00 PM - 3:00 PM	DRY LAND SESSION #2 - GAMES AND FUN
3:00 PM - 3:15 PM	END OF DAY - PICK UP

August 26, 2021

8:30 AM - 9:00 AM	ARRIVE AT RINK - DRESS FOR ICE
9:00 AM - 10:00 AM	ON ICE SESSION #1 - SKATING AND SKILL DEVELOPMENT
10:00 AM - 10:15 AM	CHANGE FOR DRY LAND
10:30 AM - 11:30 AM	DRY LAND SESSION #1
11:30 AM - 12:15 PM	LUNCH BREAK
12:15 PM - 12:45 PM	DRESS FOR ICE
12:45 PM - 1:45 PM	ICE SESSION #2 - GAME SITUATION DEVELOPMENT
1:45 PM - 2:00 PM	CHANGE FOR DRY LAND
2:00 PM - 3:00 PM	DRY LAND SESSION #2 - GAMES AND FUN
3:00 PM - 3:15 PM	END OF DAY - PICK UP

August 27, 2021

8:30 AM - 9:00 AM	ARRIVE AT RINK - DRESS FOR ICE
9:00 AM - 10:00 AM	ON ICE SESSION #1 - SKATING AND SKILL DEVELOPMENT
10:00 AM - 10:15 AM	CHANGE FOR DRY LAND
10:30 AM - 11:30 AM	DRY LAND SESSION #1
11:30 AM - 12:15 PM	LUNCH BREAK

August 27, 2021 Continued

12:15 PM - 12:45 PM	DRESS FOR ICE
12:45 PM - 1:45 PM	ICE SESSION #2 - GAME SITUATION DEVELOPMENT
1:45 PM - 2:00 PM	CHANGE FOR DRY LAND
2:00 PM - 3:00 PM	DRY LAND SESSION #2 - GAMES AND FUN
3:00 PM - 3:15 PM	END OF DAY - PICK UP